

## Pre-Coaching Worksheet

The best way to predict the future is to create it.

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### Part 1: Intention

What I most want for *myself* is...

### Part 2: Leadership

What does leadership mean to you?

### Part 3: Self-Awareness

What are your leaderships strengths?

What I most want for the *team* is...

What are your areas to improve?

What I most want for the larger community  
(*the agency, our customers, the State*) is...

### Part 4: Coaching

What are your goals for coaching?  
How will you know if coaching was a success?